



Announcing... Music Therapy services!

Children's Therapy Corner finds excitement and opportunity whenever we are able to expand our services and programming for children and families in northern Michigan. This summer, we are exceptionally pleased to re-establish **Music Therapy Services!**

Kaylee Grettenberger, MT-BCI, was drawn to music therapy because, "As a child I was surrounded by music, it was central to almost every aspect of my life. I grew up with 10 siblings, 7 of whom were adopted and had a variety of special needs. I knew I needed to combine my love of kids with my love of music and music therapy was it! Everyone has an emotional reaction to music and as a therapist I get to work with that."

Music Therapy is an established healthcare profession. Individualized music interventions are utilized to address physical, emotional, social, cognitive and/or the communication needs of individuals. Music is the vehicle to facilitate treatment.

Children's Therapy Corner has provided music therapy services to children from infancy through high school. Typically there is an initial evaluation to best determine direction for therapeutic programming. Recommendations for therapy often included 1-1 intervention with the child and therapist, however group programming and-or co-treatment with other disciplines occurs as well.

The music and activities used are determined based on each child's individual response musical stimuli (auditory visual, and tactile). A child's musical ability or experience does not determine the success in music therapy, nor is it musical education. It is a fun, motivating, and indirect way of addressing an individual child's therapeutic needs.

Most children can benefit from music therapy, but it might be most beneficial to begin discussions if children have difficulties with social interaction skills, communication, regulation, coordination, organization, or attention. Goals that are being addressed in other treatments can be reinforced through music therapy.